

NFHS Rule 7 – Penalty Enforcement - 2019

1. Goalkeeper A1 is flagged for a penalty. Who serves the penalty time?
 - a. Goalkeeper A1 serves his own penalty.
 - b. The in-home serves the penalty.
 - c. The in-home serves the penalty if a technical foul, and A1 serves if the penalty is a personal foul.
 - d. A1 serves if the flag is for an unsportsmanlike conduct foul; otherwise, the in-home serves the penalty.

2. A2 is serving his penalty in the penalty area during a face off. When may he re-enter the contest?
 - a. When his penalty time expires.
 - b. When "possession" is declared.
 - c. When a whistle sounds to start the faceoff.
 - d. Both (a) and (b) must be satisfied.

3. A1 is serving a one-minute penalty for tripping. Which of the following releases the penalty?
 - a. A goal by Team A.
 - b. A goal by Team B.
 - c. The expiration of the period.
 - d. Both (b) and (c).

4. If a team has four or more players with time-serving penalties at the same time, which of the following is INCORRECT?
 - a. No more than three players can be in the penalty area, serving penalty time at once.
 - b. The penalty time for the fourth and all additional players will not start until one of the first three penalties ends.
 - c. If a goal is scored, all four players may immediately return to the game.
 - d. All of the above are correct.

5. A1 has possession of the ball and is slashed by B1. During the flag down, A2 interferes with B2. The official blows the play dead. What is the ruling?
 - a. B1 serves one-minute releasable; A2 serves 30 seconds releasable; and Team A retains possession.
 - b. B1 serves one-minute with the first 30 seconds non-releasable; A2 serves 30 seconds non-releasable; and Team B is awarded possession.
 - c. B1 serves one-minute with the first 30 seconds non-releasable; A2 serves 30 seconds non-releasable; and Team A retains possession.
 - d. These are simultaneous fouls; B1 serves a one-minute personal foul; A2 serves no penalty; Team A retains possession.

6. A1 has possession in the goal area and is slashed by B1, flag down. Which of the following conditions ends the flag-down, slow-whistle situation?
 - a. A1 attempts a pass and the ball hits the ground as part of that pass.
 - b. A2 has possession of the ball, moves outside the attack area.
 - c. A2 commits a technical foul.
 - d. Both (a) and (b).

7. Which of the following would result in a flag-down, slow-whistle situation?
 - a. A1 has possession and is cross checked by B1.
 - b. The ball is loose and B1 withholds the ball from play.
 - c. When clearing the ball, Goalkeeper B1 leaves the crease with possession and is runs toward the sideline. While pursuing B1, A1 cuts through the crease.
 - d. Both (a) and (c).

8. During a flag down situation, when the ball is in the offensive team's goal area, play will be suspended if...
- The ball hits the ground other than on a shot.
 - The offensive team carries the ball out of the goal area.
 - The defense commits a second foul unless a scoring play is imminent.
 - Play will be suspended during all of these situations.
9. Which of the following would result in a play-on?
- Goalie interference by A1 when goalkeeper B1 has possession in the crease.
 - During a loose ball, A1 pushes B1 in the back.
 - During a loose ball, A1 steps offside.
 - All of the above would result in a play-on.
10. During play, B1 slashes A1, flag down. A1 throws the ball out of bounds and the whistle blows to stop play. During the dead ball, A1 and then A2 commit conduct fouls. The correct enforcement is:
- B1 serves one-minute releasable, A1 and A2 each serve 30 seconds releasable, and Team A is awarded possession.
 - B1 serves one-minute releasable, A1 serves no time, A2 serves 30 seconds releasable, and Team B is awarded possession.
 - B1 serves one-minute (with the first 30 seconds non-releasable), A1 and A2 each serve 30 seconds non-releasable, and Team A is awarded possession.
 - B1 serves one-minute (with the first 30 seconds non-releasable), A1 serves no time, A2 serves 30 seconds non-releasable, and Team B is awarded possession.
11. Team A has possession when an inadvertent flag is thrown. When the officials realize the flag is inadvertent, what is the correct procedure?
- Sound the whistle immediately, unless Team A has an imminent scoring opportunity.
 - Award the ball to Team A.
 - Restart play where the ball was when the whistle sounds, but outside Team A's offensive goal area.
 - All of the above.
12. The ball is loose in Team B's defensive goal area and Team A commits a non-time serving foul. What is the correct ruling?
- Team B should restart the ball laterally outside the goal area.
 - Team B should restart the ball where the ball was last.
 - Team B should restart the ball in the goal area or in the crease.
 - Team B should restart the ball at the center.
13. A1 is serving a penalty. Team A has seven players in its defensive half of the field. What is the correct ruling?
- Team A is offside.
 - Conduct foul on Team A.
 - Team A is awarded the ball.
 - A goal is awarded to Team B.

True/False

- A. In the event of an inadvertent whistle, the team with possession or entitled to possession will retain possession.
- B. On a faceoff, when a player is serving penalty time, the player must wait for possession before entering the field, even when his penalty time has expired.
- C. A1 receives one minute for slashing followed by one minute for unsportsmanlike conduct. A1 will serve the one-minute penalty for unsportsmanlike conduct first, and then if a goal is scored during the second minute, the player can be released.

- D. In A's offensive end, B1 slashes A1 on a live ball. While the ball is still live and in A1's possession, A2 steps in the crease. A2's foul stops the slow whistle (no time served), B1 will serve a one to three-minute penalty, and A retains possession.
- E. In the event of an extra-man situation or a flag-down creating an extra-man situation at the conclusion of any period, the next period shall be commenced by awarding possession of the ball to the team that had or is entitled possession of the ball at the conclusion of the prior period in the same relative position on the field, assuming there are no fouls between the periods.
- F. During a dead ball, a coach may request a time-out/conference with the game officials at the table area if the coach believes an official has misapplied a rule.
- G. The goalkeeper does not serve penalty time unless the foul is for unsportsmanlike conduct.
- H. In the event of an inadvertent flag, play shall be suspended at the earliest opportunity that does not interfere with an imminent scoring opportunity. The team with possession when the flag was thrown shall retain possession; if the ball was loose outside the crease, possession shall be awarded by alternate possession.
- I. Dead-ball fouls are enforced in the sequence in which they occur.
- J. During a conference to discuss a misapplication of a rule, video replay may not be used.
- K. Under the simultaneous-fouls rule, the least amount of common penalty time is considered non-releasable for players of both teams.
- L. When a time-serving penalty occurs and the ball is in the offended team's defensive half of the field when the whistle is blown, the ball is awarded in the offended team's offensive half at the Center.
- M. In a flag-down situation, the official shall blow his/her whistle when the offensive team cases the ball to makes contact with the ground or carries it out of the goal area.
- N. If the ball was in the goal area when play was suspended, it shall be restarted nearest to the spot of the ball at the time of the whistle, 20 yards laterally outside the goal area.
- O. In the event of multiple fouls, players shall serve the full time of all non-releasable penalties first.